



We are kicking off our new year diving into the **FRUIT** of the **SPIRIT**:  
**The amazing gift from God to show people what His love looks like.**  
Our goal with this series is to help kids observe and recognize when they see the fruit being displayed in their daily lives.

In *Matthew 11:29*, Jesus describes himself as **gentle** and lowly. In this same sentence, he declares that his yoke is easy and light and will bring rest for our souls!

Jesus perfectly embodies each quality of the fruit of the spirit. Consider the power of His words here?

Jesus was present as Creation was spoken into existence and now bids us to learn from him to be **gentle** and lowly!

### PRESERVE

With a second piece of dry pasta, try to be strong enough NOT to break it while stringing buttons onto it

### BREAK

Give each person a dry piece of spaghetti and ask them to break it as many times as they can

### DISCUSS

Why does it take more effort NOT to break the pasta? This is gentleness on display!

### DANCE

Turn on your favorite worship songs and have a family dance party!

For each AKM Series, we select a memory verse we work on each Sunday.  
If you'd like to join us in working on it as a family, display this page to practice during the week.

BUT THE *fruit*  
OF THE  
**SPIRIT** IS

*love*  
*joy*  
*peace*  
*patience*  
*kindness*  
*goodness*  
*faithfulness*  
*gentleness*  
*self-control*



**GALATIANS 5:22-23**

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Scripture references have been taken from the Christian Standard Bible

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