

The Armor of God is not armor we can see with our eyes. But it is **REAL** armor that helps us each day as we learn to live more like Christ. And just like the fruit of the Spirit is singular (several words to describe the one fruit we receive from the Holy Spirit), so too is the Armor of God one suit and we are to put on each individual piece every day.

Belt of truth. Why does the armor of God begin with the belt?

A soldier's belt was very important. It helped hold up and support all the rest of his armor. Without a belt on, his other pieces of armor wouldn't have anything to attach to. As such, when a soldier was putting on armor, he would start with his belt!

In the same way, we should always start with God's truth. Anything that goes against God and His word is a lie. Starting with the TRUTH of God's word gives us a strong and supportive foundation on which to build!



## READ

Ephesians 6:10-18

John 14:6

John 1:14

John 17:7

John 8:44

## DISCUSS

Why did God give us armor?

Where do truth and lies each come from?

## PRAISE

Choose a favorite praise and worship song. Can you find Bible verses to back up any of the lyrics?

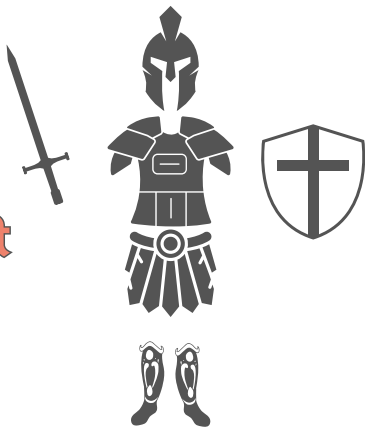
## CREATE

If you were making a belt of truth for your family, what five Biblical truths would you put on it?

For each AKM Series, we select a memory verse we work on each Sunday.  
If you'd like to join us in working on it as a family,  
display this page to practice during the week.

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**Finally, be  
strengthened  
by the Lord  
and by His vast  
strength.  
Put on the  
full armor  
of God so that you  
can stand against  
the schemes of the  
devil.**



PRAYER

